



FAMILY GOALS - GETTING RID OF MOLD

Mold lives anywhere that is dark and damp. It is found in every home, and is a major cause of allergy and asthma symptoms.

- ❑ Hang up wet towels after showers/baths to dry. Open window or door to air out the bathroom during and after showers and baths.
- ❑ Have child avoid basements, laundry rooms, and any rooms with mold, musty smell, dampness, or water stains.
- ❑ Wash obvious moldy areas with diluted Clorox solution*. It is especially important to clean the shower curtain.
- ❑ Do not use humidifiers. (They can be mold factories!) If possible, use a dehumidifier, and run the air conditioner in warm weather.
- ❑ Other special goals:

*Clorox solution: In a container, mix 1 part Clorox or bleach and 9 parts water (a little more than a capful in 1 cup of water).