



Family Goals for Managing Asthma

- ✓ Fill all of your child's prescriptions. Get refills every month as needed
- ✓ Follow your child's Medical Action Plan (MAP).
- ✓ Visit your doctor every 3 months to talk about asthma.
- ✓ Tell other people who take care of your child how to take care of his/her asthma.
- ✓ Cover your child's pillow with the special case that we gave you.
- ✓ If your child is at school, please follow up with the school nurse.
- ✓ Other special goals:
